



Icahn
School of
Medicine at
Mount
Sinai

VIRTUAL

Advances in Pediatric Food Allergy

**From Prevention To Treatment
and Everything In Between**

Course Director
Julie Wang, MD

Co-Director
Roxanne C. Oriel, MD

Sponsored by
Department of Pediatrics

December 5, 2020



**ELLIOT AND ROSLYN JAFFE
FOOD ALLERGY INSTITUTE**

AT MOUNT SINAI MEDICAL CENTER

PROGRAM DESCRIPTION

Course Description

This is a half-day virtual course that will provide allergists, generalists, and allied health, with a comprehensive program on everything related to food allergies, from food allergy prevention, emerging diagnostic tools, new treatment options, to advice on counseling patients and their families on managing allergies outside of their home. Material presented will be based on scientific advances from the last year that support current clinical practice guidelines for food allergy.

Who Should Attend

Pediatricians, family practice physicians, internal medicine physicians, and allergy & immunology specialists. Other health professionals include NPs, PAs, RNs, fellows, residents, and medical students.

Learning Objectives

Upon completion of this activity, the participant will be able to:

- Discuss how to accurately diagnose food allergy to reduce unnecessary dietary avoidances.
- Recognize symptoms of anaphylaxis so that treatment can be administered promptly to improve patient outcomes.
- Describe the first FDA-approved peanut allergy treatment and other emerging treatments for food allergy.
- Identify nutritional issues that may result in food allergic individuals to ensure optimal growth and development.
- Explain how to manage food allergy in restaurants and school to help decrease allergic reactions outside of the home.
- Describe current approaches to preventing food allergies based on recently published data.

Accreditation

The Icahn School of Medicine Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance

Verification of attendance will be provided to all professionals.

Register Online: <https://mssm.cloud-cme.com/PedsFoodAllergy>

REGISTRATION FEES

- \$ 90 Attendee Fee
- \$ 30 Medical Students, Residents, & Fellows
- \$ 15 Mount Sinai Health System (MSHS) Students, Residents, & Fellows

CONFERENCE INFORMATION

cme@mssm.edu

REFUND POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by November 20, 2020. Cancellations after this date are not eligible for a refund. An Administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.


Register Online: <https://mssm.cloud-cme.com/PedsFoodAllergy>





COURSE AGENDA

- 10:00-10:05 **Opening remarks and introduction**
- 10:05-10:25 **Food Allergy Diagnosis**
Scott Sicherer, MD
Professor of Pediatrics, Icahn School of Medicine at Mount Sinai
- 10:25-10:40 **Questions and Answers**
- 10:40-11:00 **Anaphylaxis**
Julie Wang, MD
Professor of Pediatrics, Icahn School of Medicine at Mount Sinai
- 11:00-11:15 **Questions and Answers**
- 11:15-11:35 **Food Allergy Treatment**
Amanda Cox, MD
Assistant Professor of Pediatrics, Icahn School of Medicine at Mount Sinai
- 11:35-11:50 **Questions and Answers**
- 11:50-12:10 **Dietary Considerations for Food Allergic Individual**
Marion Groetch, MS, RD
Assistant Professor of Pediatrics, Icahn School of Medicine at Mount Sinai
- 12:10-1:00 **Questions and Answers**



**1:00-1:30 PM Lunch / Ask Me Anything
with Julie Wang, MD & Scott Sicherer, MD**

- 1:30-1:50 **Managing Food Allergies Outside of the Home**
Roxanne C. Oriol, MD
Assistant Professor, Icahn School of Medicine at Mount Sinai
- 1:50-2:05 **Questions and Answers**
- 2:05-2:25 **Food Allergy Prevention**
Angela Tsuang, MD
Assistant Professor, Icahn School of Medicine at Mount Sinai
- 2:25-3:00 **Questions & Answers**
- 3:00 PM ADJOURN**
- 



ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

COURSE DIRECTOR

Julie Wang, MD
Professor of Pediatrics

CO-DIRECTOR

Roxanne C. Oriel, MD
Assistant Professor of Pediatrics

MOUNT SINAI FACULTY

Amanda Cox, MD
Assistant Professor of Pediatrics

Marion Groetch, MS, RD
Assistant Professor of Pediatrics

Scott H. Sicherer, MD
Professor of Pediatrics

Angela Tsuang, MD, MSc
Assistant Professor of Pediatrics

Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.